

# PHYSICAL EDUCATION OVERVIEW

## 2025 - 2026

"We Follow Jesus"



Class	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Ash	All about instructions	Exploring hardware	Programming Bee-Bots	Introduction to data	Using a computer	Using a computer 2
Oak	Me & Myself Fund & Games	Movement & Fitness	Throwing & Catching Dance	Ball Skills	Working with others	Athletics
Birch	Hockey & tag rugby	Gymnastics & Fitness	Dance & Tennis	Swimming & Gymnastics	Swimming & Cricket	Athletics & Rounders
Rowan	Hockey & tag Rugby	Swimming & Gymnastics	Swimming & Dance	Gymnastics & Netball	Dodgeball & Cricket	Athletics & Rounders
Sycamore	Swimming & Hockey	Gymnastics & Fitness	Dance & Tennis	Gymnastics & Netball	Dodgeball & Cricket	Athletics & Rounders